Grief Support
Bereavement & Grief Support

2020 Monthly Grief Series Schedule
6:30—8:00 p.m.

January 7th
New Year/New Beginnings

February 11th
Heavy Hearts: Healing Hearts

March 10th
The Longest Year: How Will I Get Through It?

April 14th
Your Grief is Unique

May 12th
Moving Through the Wounds, Coulds and Shoulds of Grief

June 9th
Letting Go of Guilt and Regret

July 14th
Grief: Yelling It Like It Is!

August 11th
Grief: It’s More Than Feelings

September 8th
Seasons of Our Grief

October 13th
Telling Your Story: Working Through Grief

November 10th
From Hopelessness to Hopefulness

December 8th
Getting Through the Holidays When You’re Grieving

Bereavement and Grief Services
Throughout the year Community VNA Hospice & Palliative Care provides bereavement support for the public. The support programs include regular meetings for adults and periodic sessions for children. Our bereavement care coordinator also assists individuals with finding ongoing psychological support. All programs and services are provided to the public free of charge.

Adult Grief Series
Community VNA offers bereavement and grief support services designed to help individuals recognize, understand and move through the grief process following the loss of their loved one. Twice a year, we offer a six-week instructional series (in small group format).

Helping Children Grieve
Kids Grief Sessions
You may wonder where to turn when your child has experienced the loss of a loved one for the first time. You may wonder if what they are feeling and expressing is typical or out of the ordinary. Our Kids Grief sessions aim to target these situations and allay the anxiety that parents may feel as their children grieve. Sessions will be facilitated by experienced bereavement counselors who specialize in working with grieving children. Depending on the situation this may require one session or multiple sessions on-site at Community VNA. Children will be able to express their feelings through creative activities. Siblings and parents are encouraged to participate in the process. Sessions will run every other month as needed.

For Questions or Additional Information
Please contact Glenn A. Rounseville, Spiritual and Bereavement Care Coordinator at grounseville@communityvna.com or call 508.222.0118, ext. 1372.

Contact Us
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All Meetings Held At: Community VNA, 10 Emory Street, Attleboro, MA