Adult Day Health Care provides therapeutic daytime programs for frail seniors and adults with chronic illness or disabilities, who are living at home, in a group home, or senior living community. Community VNA and its partner, HealthCare Options, Inc. offer three community-based, medical model adult day health centers, licensed by the Massachusetts Department of Public Health. Each center features a safe, positive, medically supportive environment with daily activities to enhance the health and well-being of participants. Each is staffed with outstanding professionals who truly love what they do. Services are summarized below.

**MEDICAL MODEL DAY PROGRAMS**

**MEDICAL & PERSONAL CARE**
- Skilled nursing care, including support for diabetes, dementia, and wound care
- Medication management, vital signs monitoring
- Case management, treatment planning
- Laboratory services, per doctor’s orders
- PT, OT and speech therapies, per doctor’s orders
- Counseling and referrals by licensed social workers
- Nutritious meals and snacks
- Continence management, toileting assistance
- Personal care and hygiene, including nail care with a podiatrist and haircutting services
- Sara Lift for safe sit-to-stand transitions

**COMMUNITY-BASED, NON-PROFIT**

**SUPPORTIVE SERVICES**
- Various payment options
- Transportation available
- Caregiver support, counseling
- Health assessments, care planning
- Information, referrals, home visits

**ACTIVITIES & ENRICHMENT**
- Music therapy and performances
- Daily exercise, therapeutic games
- Arts and crafts, gardening, cooking
- Computer, Kindle, and Wii access
- Specialized dementia care activities

**CONTACT OUR CENTERS**

**Mansfield ADULT DAY HEALTH CENTER**
Karen Amado, Director
508.339.2119
300 Branch Street
Mansfield, MA 02048
mansfieldadhc.com

**Norwood ADULT DAY HEALTH CENTER**
Marybeth Lynch, Director
781.769.4495
595 Pleasant Street
Norwood, MA 02062
norwoodadhc.com

**Harmony ADULT DAY HEALTH CENTER**
Alyssa Altrui, Director
508.880.3000
725A Myles Standish Blvd
Taunton, MA 02780
harmonyadhc.com

**MAKE A REFERRAL, SCHEDULE A TOUR**

Transport Info and Payment Options on Back
TRANSPORTATION

Our fleet of wheelchair accessible vans provides safe and reliable transportation to and from our three adult day health centers. Friendly, specially licensed and trained drivers offer rides in the communities surrounding each adult day health center, for a small fee. Use the map to find transportation offered in your area:

★ = Mansfield Transportation Area  
★★ = Norwood Transportation Area  
★★★ = Taunton Transportation Area

Caregivers and independent providers are welcome from any community to drop off and pick up participants.

Centers are open Monday through Friday, except on major holidays, all year long.

Mansfield Hours: 7:30am - 4:30pm  
Norwood Hours: 7:30am - 4:30pm  
Taunton Hours: 8:00am - 4:00pm

Call us to arrange for a visit and tour.

PAYMENT OPTIONS

For many individuals, adult day health center services and transportation fees are paid by various programs, such as those below. Please talk with us to determine which program benefits may apply to your situation.

♦ Bristol Elder Services  
♦ HESSCO Elder Services  
♦ Old Colony Elder Services  
♦ Tri-Valley Elder Services  
♦ MassHealth (Medicaid)  
♦ VA of MA, VA Community Care Network  
♦ Department of Developmental Services  
♦ Some long-term care insurance plans

Many participants attend our adult day health centers on a private pay basis at a cost effective daily rate of $65 for basic care and $80 for complex care. Daily rates include care, meals, and activities. The fee for transportation is $15.50 per ride. Our admissions coordinator will review financing, transportation details, and answer questions about the admissions process. **Call to schedule a tour at an adult day health center in your area—we look forward to meeting you!**