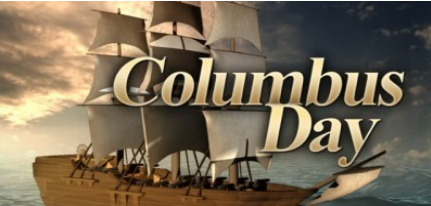




OCTOBER 2018

HARMONY ADULT DAY HEALTH CENTER 725A MYLES STANDISH BLVD. TAUNTON MA. TEL. (508)880-3000



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>9:30-10:00 Current Events 1 10:00-10:30 Exercise/ROM 10:30-11:00 Horoscope/ Trivia 11:00-12:00 Bulls Eye/Balloon Volleyball 1:00-2:15 Jingo/Table Talk 2:30-4:00 Scrabble/Bowling</p>	<p>9:30-10:00 Current Events 2 10:00-10:30 ROM/Exercise 10:30-11:00 Horoscope/Trivia 11:00-12:00 Tic Tac Toss/7-UP/ Koose ball toss 1:00-2:15 Sports/ Card Bingo 2:30- 4:00 Lets Talk Senses/ Bean Bag Toss</p>	<p>9:30-10:00 Current Events 3 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Basketball/Carpet Darts 1:00-2:15 Arts & Crafts/Memory Puzzles 2:30-4:00 Hangman/Dice Toss</p>	<p>9:30-10:00 Current Events 4 10:00-10:30 Exercise/ROM 10:30-11:00 Horoscopes 1:00-2:15 Karaoke/ Reminiscing/Lets Make A Deal 2:30-4:00 Hot Potato/Create A Word</p>	<p>9:30-10:00 Current Events 5 10:00-10:30 ROM/Exercise 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Pumpkin Toss / Scrabble</p>	6
7	<p>CLOSED FOR 8</p> 	<p>9:30-10:00 Current Events 9 10:00-10:30 Exercise/ROM 10:30-11:00 Horoscope/Trivia 11:00-12:00 Hot Potato/ Hot Seat 1:00-2:15 Keno/ Dice Toss 2:30-4:00 Hangman/Basketball</p>	<p>9:30-10:00 Current Events 10 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Tic Tac Toe/ 7 UP 1:00-2:15 Halloween Bingo/ Scarecrow Crafts 2:30-4:00 Scrabble /Kooshy Toss</p>	<p>9:30-10:00 Current Events 11 10:00-10:30 Exercise/ROM 10:30-11:00 Health Ed w/ Mel 11:00-12:00 Arts & Crafts/Create a Pumpkin 1:00-2:15 Memory Puzzles/ Men's/ Women's Group 2:30-4:00 Create a word/ Dice</p>	<p>9:30-10:00 Current Events 12 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Ring Toss/ Hangman</p>	13
14	<p>HAIRCUTS W/ A.J. 15</p> <p>9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 7 UP/ Senses Toss 1:00-2:15 Sea life /Farm Jingo 2:30-4:00 Scrabble/ Basketball</p>	<p>9:30-10:00 Current Events 16 10:00-10:30 Exercise/ROM 10:30-11:00 Horoscopes/Trivia 10:30-11:00 Cooking w/ Loretta 11:00-12:00 Parachute /Floor Darts 1:00-2:15 Sponge Painting/Draw A Pumpkin 2:30-4:00 Scrabble/Balloon Toss</p>	<p>9:30-10:00 Current Events 17 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Smiley Toss/ Create a Pumpkin 1:00-2:15 Pekeno/ Shark Toss/ Sign Language w/ Traci 2:30-4:00 Scrabble/ Jug Toss</p>	<p>9:30-10:00 Current Events 18 10:00-10:30 11:00-11:30 Health Ed. w/ Nurse 11:30-12:00 Tissue/Sponge Art 1:00-2:00 Keno/What's Missing 2:00-2:30 Hangman 2:30-4:00 Tic Tack Toe</p>	<p>9:30-10:00 Current Events 19 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Create a Witch/ Scrabble</p>	20
21	<p>9:30-10:00 Current Events 22 10:00-10:30 Exercise/ROM 10:30-11:00 Horoscope/Trivia 11:00-12:00 Football/Jug Toss 1:00-2:15 Crazy 8/ Card Bingo 2:30-4:00 Hangman/ Ring toss</p>	<p>9:30-10:00 Current Events 23 10:00-10:30 Exercise/ROM 10:30-11:00 Health Ed W/Nurse 11:00-12:00 Card Bingo/Keno 1:00-2:15 Sensory Puzzle/ Pekeno 2:30-4:00 Scrabble/Bowling</p>	<p>9:30-10:00 Current Events 24 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Parachute/ Football 1:00-2:15 Keno /Yahtzee 2:30-4:00 Create a Word/Dice Toss</p>	<p>9:30-10:00 Current Events 25 10:00-10:30 ROM/ Exercise 10:30-11:00 Horoscope 11:00-12:00 Magazine Hunt/ Who Am I collage 1:00-2:15 Memory Match/ Arts & Crafts 2:30-4:00 Hangman/7 OR 11</p>	<p>9:30-10:00 Current Events 26 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 7 OR 11 /Scrabble</p>	27
28	<p>9:30-10:00 Current Events 29 10:00-10:30 Exercise/ROM 11:00-12:00 What's Missing/ Pekeno 1:00-2:15 Tissue art/ Sign Language W/ Traci 2:30-4:00 Balloon Toss/ Scrabble</p>	<p>9:30-10:00 Current Events 30 10:00-10:30-Exercise/ROM 10:30-11:00 Horoscopes 10:30-11:00 Cooking w/ Loretta 11:00-12:00 Picking Pumpkin 1:00-2:15 Decorating Pumpkin 2:30- 4:00 Scrabble/Ring Toss</p>	<p>HALLOWEEN PARTY 31 9:30-10:30 Halloween Trivia/ Costume Voting 10:30:12:00 Witches Toss/Ghost Bowling/Memory Puzzles 1:00-2:15 Halloween Bingo 2:30-4:00 Scrabble/Witch Toss</p>	<p>COMMUNITY OUTINGS H.DEW 10/3/18 Dollar Tree 10/10/10/18 Salvation Army 10/22/18</p>	<p>DEMENTIA GROUP OFFERED DAILY... COMPUTER USE OFFERED DAILY...</p>	