



AUGUST 2018



HARMONY ADULT DAY HEALTH CENTER 725A MYLES STANDISH BLVD. TAUNTON MA. TEL. (508)880-3000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Community Outings: Honey Dew — 8/1/18 Dollar Tree — 8/8/18 Watson's Pond — 8/13/18 Chinese Buffett — 8/22/18 Watson's Pond — 8/28/18 Labor Day Cookout — 8/31/18	DEMENTIA GROUP OFFERED DAILY... COMPUTER USE OFFERED DAILY...	9:30-10:00 Current Events 1 10:00-10:30 Exercise/ROM/ Walking Group 10:00-10:30 Horoscopes 11:00-12:00 Basketball/7 OR 11 1:00-2:15 Arts & Crafts/Painting 2:30-4:00 Create A Word/Hot Potato	9:30-10:00 Current Events 2 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Outdoor Games/ Smiley Toss/ Gardening 1:00-2:15 Keno/Match Up 2:30-4:00 Hangman/ 7 UP	9:30-10:00 Current Events 3 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Card Bingo/ Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Scrabble/ Dice Toss	4
5	9:30-10:00 Current Events 6 10:00-10:30 Exercise/ROM/ Walking Group 10:00-10:30 Horoscopes 11:00-12:00 Football/Tic Tac Toe Journalism w/ Billy 1:00-2:15 Outdoor Games/ Reminiscing/Family Feud 2:30-4:00 Scrabble/Jug Toss	9:30-10:00 Current Events 7 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00-Food/Sea Life Jingo 1:00-2:15 Create A Collage/ Summer Bingo 2:30-4:00 Hangman/Tic Tac Toe	9:30-10:00 Current Events 8 10:00-10:30 Exercise/ ROM 10:00-11:00 Cooking w/ Loretta 11:00-12:00 Ring Toss/Smiley Toss 1:00-2:15 Bingo/ Card Bingo/ Sign Language w/Traci 2:30-4:00 Scrabble/Balloon Volleyball	9:30-10:00 Current Events 9 10:00-10:30 Exercise/ ROM/ Walking 10:30-11:00 Health Ed. W/ Mel 11:00-12:00 7 OR 11/ Jug Toss 1:00-2:15 Card Bingo/Matching Game 2:30-4:00 Hangman/Football	9:30-10:00 Current Events 10 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Bowling /Hangman	11
12	9:30-10:00 Current Events 13 10:00-10:30 Exercise/Walking Group/ ROM 10:30-11:00 Horoscopes 11:00-12:00 Clown Toss/ Ring Toss/Journalism w/ Billy 1:00-2:15 Gardening/ Memory Puzzles/Arts & Crafts 2:30-4:00 Scrabble /Basketball	9:30-10:00 Current Events 14 10:00-10:30 Exercise/ROM/ Walking Group 10:00-10:30 Horoscopes 11:00-12:00 Football/ Parachute 1:00-2:15 Live Entertainment w/ Candida 2:30-4:00 Hangman/Kooshy Ball Toss	9:30-10:00 Current Events 15 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Tie Dye T-Shirts 1:00-2:15 Tie Die T-Shirts 2:30- 4:00 Scrabble/ Tennis Toss	9:30-10:00 Current Events 16 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Create A Flower/I Spy/ Book Club w/ Kaitlyn 1:00-2:00 Spring/Baseball Bingo 2:30-4:00 Create A Word/ Basketball	9:30-10:00 Current Events 17 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Ring Toss /Scrabble	18
19	9:30-10:00 Current Events 20 10:00-10:30 Exercise/ROM/ Walking Group 10:00-10:30 Horoscopes 11:00-12:00 Penguin Bowling/ Musical Chair/ 1:00-2:15 Keno/ Smell & Match 2:30-4:00 Hangman HAIRCUTS W/ A.J.	9:30-10:00 Current Events 21 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Health Ed w/ Mel 11:00- 12:00 Football/Jug Toss 1:00- 2:15 Sign Language w/Traci Keno/Penny Toss 2:30-4:00 Scrabble/ Carpet Darts	9:30-10:00 Current Events 22 10:00-11:00 ROM/ Exercise/ Walking Group 11:00-12:00 Hot Seat/Basket Toss 1:00-2:15 Bingo/ Table Talk 2:30-4:00 Create a Word/ Jum- bo Hand Toss	9:30-10:00 Current Events 23 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Bead Making/ Matching Puzzles 1:00-2:00 Keno/Hi Or Low 2:30-4:00 Scrabble/ Folding Laundry	9:30-10:00 Current Events 24 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/ Spa Activities 2:30-4:00 Bean Bag Toss/Scrabble	25
26	9:30-10:00 Current Events 27 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Create A Bug/Smiley Toss 1:00-2:00 Sponge Painting/Tissue Art 2:30/4:00 Hangman / 7 OR 11	9:30-10:00 Current Events 28 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscopes 11:00- 12:00 Football/ Balloon Toss 1:00- 2:15 Jingo/Painting/ Crochet w/ Sky & Renee 2:30-4:00 Scrabble/Bean Bag	9:30-10:00 Current Events 29 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscopes 11:00- 12:00 Tissue/ Mosaic Art 1:00- 2:15 What's Missing/Spring I Spy /Book Club w/ Kaitlyn 2:30-4:00 Scrabble/ Ring Toss	9:30-10:00 Current Events 30 10:00-10:30 ROM/Exercise 10:30-11:00 Horoscopes/Trivia/ Cooking w/ Loretta 11:00-12:00 Tic Tac Toe/7 UP 1:00-2:15 I Spy/ What's Missing 2:30-4:00 Bowling/Create a Word	LABOR DAY COOKOUT 31 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Outdoor Games 2:30-4:00 Hangman/ Ring Toss	