




JULY 2018



HARMONY ADULT DAY HEALTH CENTER 725A MYLES STANDISH BLVD. TAUNTON MA. TEL. (508)880-3000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Horse Shoes/Bulls Eye/ Basketball/Journalism w/ Billy 1:00-2:15 Karaoke/Penny Toss 2:30-4:00 Scrabble/Let's Talk Senses Haircuts w/ A.J.	2 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Horse Shoes/Bulls Eye/ Basketball/Journalism w/ Billy 1:00-2:15 Karaoke/Penny Toss 2:30-4:00 Scrabble/Let's Talk Senses Haircuts w/ A.J.	3 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Hot Seat/ Parachute 1:00- 2:15 Crochet w/ Sky & Renee/ 21 / Sensory puzzles 2:30-4:00 Hangman/Lawn Darts	CLOSED 4 	5 9:30-10:00 Current Events 10:00-11:00 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes 11:00-12:00 Parachute/Bowling 1:00-2:15 Tissue art/sponge painting/Gardening Group 2:30-4:00 Scrabble/Hot Potato	6 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Hangman/7 OR 11	7
8 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope/ Cooking w/ Loretta 11:00-12:00 Parachute/7 OR 11 1:00-2:15 Sports/ Card Bingo/ Journalism w/ Billy 2:30-4:00 Scrabble/ Bean bag	9 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope/ Cooking w/ Loretta 11:00-12:00 Parachute/7 OR 11 1:00-2:15 Sports/ Card Bingo/ Journalism w/ Billy 2:30-4:00 Scrabble/ Bean bag	10 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 7 UP/Ring Toss 1:00- 2:15 Book Club W/ Kelly/ Crochet w/ Sky & Renee/ Keno 2:30-4:00 Hangman/Ring Toss	11 9:30-10:00 Current Events 10:00-10:30 Exercise/ ROM/ Walking 10:30-11:00 Health Ed. W/ Mel 11:00-12:00 7 OR 11/ Jug Toss 1:00-2:15 Card Bingo/Matching Game /Outdoor activities 2:30-4:00 Scrabble/Football	12 9:30-10:00 Current Events 10:00-11:00 ROM/Exercise/ Walking Group 11:00-12:00 Ring Toss/Smiley Toss/ Gardening Club 1:00-2:15 Arts &Crafts/Sign Lan- guage w/Traci /Memory Puzzles 2:30-4:00 Hangman/Balloon Volleyball	13 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Ring Toss/ Create a Word	14
15 9:30-10:00 Current Events 10:00-10:30 Exercise/Walking Group/ROM 10:30-11:00 Horoscopes 11:00-12:00 Football/ Hot Potato Journalism w/ Billy 1:00-2:15 Family Fued/Spring Puz- zles /Gardening Group 2:30-4:00 Hangman/ Bowling	16 9:30-10:00 Current Events 10:00-10:30 Exercise/Walking Group/ROM 10:30-11:00 Horoscopes 11:00-12:00 Football/ Hot Potato Journalism w/ Billy 1:00-2:15 Family Fued/Spring Puz- zles /Gardening Group 2:30-4:00 Hangman/ Bowling	17 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Tissue Art/Jug Toss 1:00- 2:15 Crochet w/ Sky & Renee/ Craft w/ Kaitlyn/Keno 2:30-4:00 Scrabble/Trivia	18 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscopes/Trivia 11:00-12:00 Jumbo Flip/Splash Toss 1:00-2:15 Summer Bingo/ Pekeno 2:30-4:00 Create a Word/Dice	19 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope 11:00-12:00 Table Talk/7 UP 1:00-2:15 Magazine Hunt/ Create A Word/ Karoake 2:30-4:00 Scrabble/ Bowling	20 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Create a Word/ Dice	21
22 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Sea life/Farmland Jingo 1:00- 2:15 Journalism w/ Billy/ Outdoor Activities/Sniff and GUESS 2:30-4:00 Scrabble/Ring Toss	23 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Sea life/Farmland Jingo 1:00- 2:15 Journalism w/ Billy/ Outdoor Activities/Sniff and GUESS 2:30-4:00 Scrabble/Ring Toss	24 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Clothes Pin Toss/ Volleyball Toss 1:00- 2:15 Crochet w/ Sky & Renee/ Book Club w/ Kelly/Giant Toss 2:30-4:00 Hangman/Bowling	25 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope 11:00-12:00 Men's/Women Group 1:00-2:15 Mosaic Art/Memory Puz- zles 2:30-4:00 Create a Word/Smiley Toss	26 9:30-10:00 Current Events 10:00-11:00 ROM/Exercise/ Walking Group 11:00-12:00 Price Is Right/Penny Toss 1:00-2:15 Arts &Crafts/Sign Lan- guage w/Traci /Memory Puzzles 2:30-4:00 Scrabble/Balloon	27 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Hangman/ 7 UP	28
29 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope/ Cooking w/ Loretta 11:00-12:00 Hot Potato/ Hot Seat 1:00-2:15 Hollywood Quiz Show 2:30-4:00 Scrabble/ 7 UP	30 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope/ Cooking w/ Loretta 11:00-12:00 Hot Potato/ Hot Seat 1:00-2:15 Hollywood Quiz Show 2:30-4:00 Scrabble/ 7 UP	31 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Health Ed w/ Mel 11:00- 12:00 Create a Butterfly/ Tennis Darts 1:00- 2:15 Crochet w/ Sky & Renee 2:30-4:00 Hangman/Basketball	BIRTHDAYS: Pauline 7/1 Robert Mac. 7/2 GiGi V. 7/4 John S. 7/9 Russell 7/14 Hildy A. 7/23 Barbara S. 7/24	COMMUNITY OUTINGS: Honey Dew: 7/9 Watson's Pond: 7/11 Dollar Tree: 7/16 Watson's Pond: 7/24	DEMENTIA GROUP OFFERED DAILY... COMPUTER USE OFFERED DAILY...	