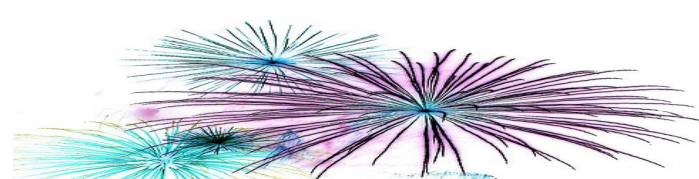






# July 2018



NORWOOD ADULT DAY HEALTH CENTER 595 PLEASANT ST. NORWOOD MA 02062 TELEPHONE # 781-769 - 4495

4Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Morning Stretch 10:30 News & Views 11:00 Darts 11:15 Volleyball 11:30 Floor Games 1:15 Book Club / Tea Party 1:30 Remember When 2:30 Table Games	2	3 10:00 Morning Stretch 11:00 Horse Racing 11:00 Shuffle Board 11:15 Scrabble 1:15 Communion Service 1:15 Bingo Social 2:30 Game Table	4th 	5 10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:15 Craft 1:15 Entertainment with Dan Hart 1:15 Poker/Blackjack 2:30 Crafts	6 10:00 Morning Stretch <i>Visit to TH</i> 10:30 News & Views 11:00 Karaoke 11:00 Parachute 1:15 Bingo Social 2:30 Arts and Crafts	7
8 10:00 Morning Stretch 10:30 News & Views 11:00 Penny Pitch 11:15 Volleyball 11:15 Crafts 1:15 Book Club / Tea Party 1:30 Trivia 2:30 Table Games /Crafts	9	10 10:00 Morning Stretch 10:30 News & Views 11:00 Volleyball 11:00 Penny Pitch 11:15 Scrabble 1:15 Bingo Social 2:30 Game Table	11 10:00 Morning Stretch 10:30 News & Views 11:00 Horse Shoes 11:15 Food Jingo 11:15 Puzzle Group 1:15 Men's Pub 2:30 Arts & Crafts 2:30 Word club	12 10:00 Morning Stretch 10:30 News & Views Castle Island (8) 11:15 Men's Group /Board game 1:15 Horse Racing 1:30 Poker/Black Jack 2:30 Game Table	13 10:00 Morning Stretch 10:30 News & Views <i>HAIR CUTS</i> 11:00 Basketball 11:15 Rosary 1:15 Bingo Social 1:15 Yahtzee 2:30 Table Games	14
15 10:00 Morning Stretch 10:30 News & Views 11:00 Darts 11:15 Volleyball 1:15 Book Club / Tea Party 1:15 Shuffle Board 1:15 Who Want To Be A Millionaire 2:30 Table Games	16	17 10:00 Morning Stretch 10:30 Nursing Segment 11:00 Horse Racing 11:00 Shuffle Board 11:15 Scrabble 1:15 Communion Service 1:15 Bingo Social 1:15 Checkers 2:30 Game Table	18 10:00 Morning Stretch 10:00 News & Views 11:00 Sing-along 11:15 Ring Toss 11:15 Puzzle Group 1:15 Entertainment with Richie Bern 1:15 Food Jingo 2:30 Table Games	19 10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:15 Volleyball / Music Therapy 11:15 Penny Pitch 1:15 Fire Safety 2:30 Game Tables	20 10:00 Morning Stretch 10:30 News & Views 11:00 BINGO Social 1:15 BINGO 2:00 Yahtzee 2:30 Arts & Crafts	21
22 10:00 Morning Stretch 10:30 News & Views 11:00 Penny Pitch 11:00 Karaoke 11:00 Beading 1:15 Book Club & Tea Party 1:15 Deal or No Deal 2:15 Shuffle Board 2:30 Table Games	23	24 10:00 Morning Stretch 10:15 Current Events 11:00 Darts 11:00 Parachute 11:00 Crafts 1:15 BINGO 2:30 Game Table	25 10:00 Morning Stretch 10:30 New & Views 11:00 Men's Pub 11:15 Bowling 11:15 Puzzle Group 2:15 Happy Birthday with Hilary 2:30 Table Games	26 10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:15 Music Therapy/Craft 11:15 Bowling 1:15 Human Rights 2:30 Game Tables	27 10:00 Morning Stretch 10:30 News & Views 11:15 Parachute/ Karaoke 1:30 Bingo Social 2:00 Yahtzee 2:30 Game Tables	28
29 10:00 Morning Stretch 10:30 News & Views 11:00 Darts 11:15 Floor Games 11:15 Volley Ball 1:15 Book Club 1:15 Karaoke 1:15 Shuffle Board 2:30 Game Table	30	31 10:00 Morning Stretch 10:30 News & Views 11:00 Scrabble 11:15 Volleyball 11:30 Shuffle Board 1:15 Communion Service 1:15 Bingo Social 2:30 Game Table	<b>Kara Haircuts</b> <b>Sept 13th</b> <b>\$10 + tip</b> 	<b>Specials</b> 5th Entertainment with Dan Hart 18th Entertainment with Richie Bern 25th Happy Birthday with Hilary 	<b>Information Days</b> 19th Fire safety 26th Human Rights 	tip