



# APRIL 2018

HARMONY ADULT DAY HEALTH CENTER 725A MYLES STANDISH BLVD. TAUNTON MA. TEL. (508)880-3000

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Parachute/Ring Toss 1:00- 2:15 Men's / Women's Group 2:30-4:00 Scrabble/ Bean Bag Toss	<b>2</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Jug Toss/ Jumbo Ring Toss 1:00- 2:15 Clothes Pin Painting/Crafts/ Memory Puzzle/Crochet w/ Sky, Renee 2:30-4:00 Hangman/ Tic Tac Toe	<b>3</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Jug Toss/ Jumbo Ring Toss 1:00- 2:15 Clothes Pin Painting/Crafts/ Memory Puzzle/Crochet w/ Sky, Renee 2:30-4:00 Hangman/ Tic Tac Toe	<b>4</b> 9:30-10:00 Current Events 10:00-11:00 Yoga w/ Nancy/ ROM 11:00- 12:00 Smiley Toss/ Football Toss / Cooking W/ Loretta 1:00- 2:15 Sign Language w/ Traci / Keno/I Spy 2:30-4:00 Create A Word/ Kooshy Toss	<b>5</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Baseball Bingo 1:00- 2:15 Decorate a Pennant/ Meditation W/ Laurie 2:30-4:00 Scrabble/ 7 OR 11 <b>RED SOX OPENING GAME.....</b>	<b>6</b> 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Football Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Hangman/Football	<b>7</b>
<b>8</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope 11:00-12:00 Horse Shoe/Dice 1:00-2:15 Table Talk/What's Miss- ing 2:30-4:00 Scrabble/Ring Toss <b>Haircuts w/ A.J.</b>	<b>9</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope 11:00-12:00 Ring Toss/ 7 OR 11 1:00-2:15 Board Games/ Reminiscing/ Book Club w/Kelly/ Crochet w/ Sky, Renee 2:30-4:00 Hangman/Giant Ring Toss	<b>10</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope 11:00-12:00 Ring Toss/Smiley Toss 1:00-2:15 Bingo/ Card Bingo/ Memorial Day Tribute w/Kaitlyn 2:30-4:00 Scrabble/Balloon Volleyball	<b>11</b> 9:30-10:00 Current Events 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Ring Toss/Smiley Toss 1:00-2:15 Bingo/ Card Bingo/ Memorial Day Tribute w/Kaitlyn 2:30-4:00 Scrabble/Balloon Volleyball	<b>12</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group 10:30-11:00 Horoscope/ Health Ed w/ Melanie 11:00-12:00 Magazine Hunt/Lets Make A Deal 1:00-2:15 Hi Or Low/Sensory Puzzles	<b>13</b> 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Bowling /Scrabble	<b>14</b>
<b>15</b> <b>CLOSED FOR            PATRIOT'S            DAY.....</b>	<b>16</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group / 11:00-12:00 Food/Farm JINGO 1:00-2:15 Music Group/Bingo/ Memory Puzzles/Crochet w/ Sky, Renee 2:30-4:00 Create A Word/Dice Toss	<b>17</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking Group / 11:00-12:00 Food/Farm JINGO 1:00-2:15 Music Group/Bingo/ Memory Puzzles/Crochet w/ Sky, Renee 2:30-4:00 Create A Word/Dice Toss	<b>18</b> 9:30-10:00 Current Events 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Arts & Crafts/Smell and Match 1:00-2:15 Sign Language w/ Traci/ Pekeno/ Match Game 2:30-4:00 Hangman/ Folding Towels	<b>19</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Balloon Volleyball/ 7 OR 11 1:00- 2:15 Outdoor Lawn Darts/ Spring I Spy 2:30-4:00 Scrabble/Basket Toss	<b>20</b> 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Ring Toss /Hangman	<b>21</b>
<b>22</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Whats Missing/ Magazine Hunt 1:00- 2:15 Price Is Right/ Match Game 2:30-4:00 Scrabble/ Clown Toss	<b>23</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope/ Health Ed w/ Melanie 11:00- 12:00 Penny Toss/Hot Potato 1:00- 2:15 Book Club w/ Kelly/Crochet w/ Sky, Renee/ Keno 2:30-4:00 Hangman/ Star Toss	<b>24</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope/ Health Ed w/ Melanie 11:00- 12:00 Penny Toss/Hot Potato 1:00- 2:15 Book Club w/ Kelly/Crochet w/ Sky, Renee/ Keno 2:30-4:00 Hangman/ Star Toss	<b>25</b> 9:30-10:00 Current Events 10:00-11:00 Yoga w/ Nancy/ ROM 11:00-12:00 Flicker Chicken/ Football 1:00-2:15 Meditation W/ Lauri- e/Pekeno 2:30-4:00 Create A Word/Crazy Eight	<b>26</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope/Cooking W/ Loretta 11:00- 12:00 Hot Seat/ Tic Tac Toe 1:00- 2:15 Memorial Day Tribute w/ Kaitlyn/ Music Bingo 2:30-4:00 Scrabble/ Bean Bag Toss	<b>27</b> 9:30-10:00 Current Events 10:00-10:30 ROM/Exercise / Walking Group 10:30-11:00 Trivia/Horoscopes 11:00-12:00 Bingo/ Card Bingo 1:00-2:15 Movie/ Board Games/Spa Activities 2:30-4:00 Bean Bag Toss/ Scrabble	<b>28</b>
<b>29</b> 9:30-10:00 Current Events 10:00-10:30 Exercise/ROM/ Walking group 10:30-11:00 Horoscope 11:00- 12:00 Create a Butterfly/7 OR 11 1:00- 2:15 Card Bingo/Bingo 2:30-4:00 Hangman/ Smiley Toss	<b>BIRTHDAYS:</b> Despina P. 4/5 Terri O. 4/8 Steve H. 4/11 Vernon N. 4/24 Robina P. 4/25 Lauren W. 4/27 Maria F. 4/30	<b>APRIL 5 RED SOX DAY            wear your favorite RED            SOX Gear..</b> 	<b>Community Outings:</b> April 2 --- Salvation Army April 9 --- H. Dew April 18 --- Dollar Tree April 23 --- Chinese Buffett	<b>DEMENTIA GROUP            OFFERED DAILY...            COMPUTER USE            OFFERED DAILY...</b>		