







# February 2018

NORWOOD ADULT DAY HEALTH CENTER 595 PLEASANT ST. NORWOOD MA 02062 TELEPHONE # 781-769 - 4495



	Tue	Wed	Thu	Fri	Sat
					
4	10:00 Morning Stretch 10:30 News & Views 11:00 Frisbee Fun 11:00 Karaoke 1:15 Book Club & Tea Party 1:15 Deal or No Deal 2:30 Crafts	10:00 Morning Stretch 10:30 News & Views 11:00 Volleyball/ Puzzle table 11:00 Scrabble 1:15 Bingo Social 2:30 Game Table 2:30 Crafts	10:00 Morning Stretch 10:30 News & Views 11:00 Mini Golf 11:00 Bowling/Beading 1:15 Food Jingo 1:15 Men's Pub 2:30 Arts & Crafts	10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:00 Lady's Group 11:00 Sing-along 1:15 Horse Racing 1:15 Poker/Shuffleboard	10:00 Morning Stretch 10:30 News & Views 11:00 Darts 11:00 Volley Ball 1:15 Bingo Social 2:30 Arts & Crafts
11	10:00 Morning Stretch 10:30 News & Views 11:00 Horse Racing 11:00 Beads/ Puzzle 11:00 Frisbee Fun 1:15 Book Club & Tea Party 1:15 Scavenger Hunt 1:15 Darts	10:00 Morning Stretch 10:30 News & Views 11:00 Horse Racing 11:00 communion 11:00 Beads/ Puzzle 11:00 Scrabble 1:00 Communion Service 1:15 Bingo Social	10:00 Morning Stretch 10:30 News & Views 11:00 Sing-along 11:00 Men's Pub 11:00 Puzzle Group 1:15 Entertainment Keith Snow 2:30 Table Games	10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:00 Lady's Group 11:00 Sing-A-Long 1:15 Family Feud 1:15 Poker Club/ Shuffle Board 2:30 Game Tables	10:00 Morning Stretch 10:30 News & Views 11:00 Bowling 11:00 Penny Pitch 1:15 Bingo Social 2:30 Arts & Crafts
18	CENTER CLOSED PRESIDENT'S DAY 	10:00 Morning Stretch 10:30 Current Events 11:00 Hang Man 11:00 Scrabble 11:00 Beads/Puzzles 1:15 Bingo Social 2:30 Crafts	10:00 Morning Stretch 10:30 New & Views 11:00 Men's Pub 11:00 Bowling 1:15 Entertainment with Russ 2:30 Puzzles	10:00 Morning Stretch 10:30 News & Views 11:00 Men's Group 11:00 Lady's Group 11:00 Sing-A-Long 1:15 Poker 1:15 Wheel of Fortune 2:30 Game Tables	10:00 Moring Stretch 10:30 News & Views 11:00 Karaoke 11:00 Ring Toss 11:00 Puzzle / Beading Group 1:15 Bingo Social 2:30 Game Tables
25	10:00 Morning Stretch 10:30 News & Views 11:00 Beading 11:00 Frisbee Fun 11:00 Volley Ball 1:15 Book Club & Tea Party 1:15 Deal Or No Deal 1 :15 Shuffle Board 2:30 Crafts <b>Haircuts!</b>	10:00 Morning Stretch 10:30 News & Views 11:00 Scrabble 11:00 Volleyball 11:00 communion 11:00 Beads/ Puzzles 1:00 Communion Service 1:15 Bingo Social 2:30 Crafts	10:00 Morning Stretch 10:30 New & Views 11:00 Name That Tune 11:00 Darts 11:00 Beading 1:15 Men's Pub 1:15 Playing Card Bingo 2:30 Arts and Crafts	 <p>Wear your Patriot's Colors Friday, Feb 2!</p>	Special Events 1st Jorlene 2nd Superbowl Day 14th Keith Snow 21st Russ Haircuts with Ka 26th

