From Route 95, either North or South:
Take exit 7A and merge onto Commercial Street/MA Rte.-140 Mansfield.

Follow Rte. 140 and at the 3rd set of lights, turn left onto Chauncy Street/MA Rte.-106.

Turn right at first light onto Copeland Drive, and then turn left at first light onto West Street. Continue straight through the lights (West Street becomes East Street), pass blinking light and take first right onto Branch Street.

Mansfield Adult Day Health Center is about one half mile ahead on your left.